

# SIX ARMS

## PUB GRUB

**Ale-Battered Fish & Chips** wild Alaskan cod, fries, tartar sauce, buttermilk coleslaw 27

**T-N-T Basket** ½-lb crispy chicken tenders & tots with Hogshead-honey mustard dressing, peppercorn ranch & buttermilk coleslaw 26.25

### THE HIGHER BOWL

rice, black beans, cabbage, tomato, avocado, cilantro & your choice of sauce 21

♦ **Mai Thai** peanut sauce with fresh ginger & Thai spices ⑥\*⑦

♦ **Route 66** pico de gallo, sour cream, sharp cheddar cheese & tortilla strips ⑦

**ADD PROTEIN** tofu or grilled or crispy chicken 6.50

**WRAP IT UP!** in a warm flour tortilla 2 dollars

## BURGERS

6-oz fresh beef patty served on a bun with lettuce, tomato, red onion, pickles & secret sauce

**SERVED WITH FRIES OR TATER TOTS** substitute a small green salad or soup for 2

**SUBSTITUTE** a gluten-free bun for 2 dollars\*\*

**Backyard\*** bacon, cheddar, grilled onions, Hammerhead BBQ sauce 24

**JR's Jumbo Deluxe\*** bacon, cheddar & a fried egg 24

**Bacon Cheeseburger\*** 23 ♦ **Captain Neon\*** blue cheese dressing & bacon 23

**Dungeon\*** Swiss cheese & grilled mushrooms 22.50

**Communication Breakdown\*** cheddar, grilled mushrooms, onions & bell peppers 22.50

**Cheeseburger\*** Tillamook® cheddar cheese 21.50 ♦ **The Regular\*** 20.50

**MYSTIC 18** Beyond Burger patty, Mystic 18 sauce, creamy original Chao slice 23.25 \*⑦

### HAMMERHEAD GARDEN

our Hammerhead garden patty with all the usual suspects 20.50 ⑦

## SANDWICHES

**SERVED WITH FRIES OR TATER TOTS** substitute a small green salad or soup for 2

**Pike Street Fish** ale-battered cod & cheddar served burger-style with tartar sauce 27.75

**Reuben Kincaid** hot pastrami, Swiss cheese, OlyKraut sauerkraut, Mystic 18 sauce, grilled rye bread 25.75

**The 19<sup>th</sup> Hole** grilled turkey, bacon, white cheddar, avocado, Dark Star mayo, lettuce, tomato & red onion on a roll 26.25

### LOCAL GYROS

feta-yogurt sauce, cucumber, red onion, lettuce & tomato in a warm Greek-style pita 23.25

♦ **Greek Chicken** seasoned chicken ♦ **Traditional** seasoned beef

**Fireside Roasted Turkey** turkey, Fireside-cranberry relish, Swiss cheese, secret sauce, lettuce, tomato, red onion, whole wheat bread 12.75 / 20.75

**Dilly Tuna Salad Sandwich** creamy albacore tuna salad with celery, red onion & fresh dill on toasted sourdough with lettuce, tomato & pickles 12 / 19.50



## SNACKS

**Voodoo Chicken Wings** 1-lb of wings in our voodoo hot sauce with blue cheese dip & celery 24

**Grateful Veg Mezza** hummus, feta-yogurt dip, marinated olives, veggies, pita bread 17 ⑦

**Scooby Snacks** mini corn dogs served with Portlandia yellow mustard & ketchup. Zoinks! 17

### Soft Pretzel Sticks

cheese & ale fondue 16.50 ⑦

**Cheeseburger Slider Trio\*** Most Awesome French Onion seasoning, American cheese, Mystic 18 sauce, Hawaiian roll 15.50

### Cajun Tots

peppercorn ranch 13.50 ⑦

### McMenamins Fries

Mystic 18 sauce 13.50 \*⑦

**Black Bean Dip** spiced black beans, chipotle pico de gallo, cilantro sour cream, onion & jalapeño with tortilla chips 13.75 ⑦

**Vera Cruz Tres Tacos** corn tortillas, ancho chile spiced crispy cod, chipotle ranch, onion-cilantro condiment, salsa & lime 12.50

### Good Honest Soup

scratch made daily with saltines cup 9.75 / bowl 11.75

## GREENS

**Blue Bayou** romaine, bacon, chopped egg, blue cheese crumbles, tomato, blue cheese dressing 20.75 ⑥

**Aztec** romaine, corn & black bean salsa, avocado, tortilla strips, cheddar cheese, tomato, jalapeño, cilantro, onion, chipotle dressing 20.50 ⑦

**Hail! Caesar** romaine, garlic croutons, Parmesan, Caesar dressing 15.75

**Tavern Green** romaine, grape tomatoes, cucumber, marinated red onion, croutons, Parmesan cheese, your choice of dressing 15.75 ⑦

### ADD PROTEIN

grilled or crispy chicken 6.50

### WRAP IT UP!

in a warm flour tortilla 2 dollars

\*Items are cooked to order. Consuming raw or under cooked eggs & meats may increase your risk of foodborne illness. \*\*Every effort will be made to minimize contact with gluten  
Gluten Free ⑥ Vegan \* Vegetarian ⑦  
Spring '25

## SEASONAL SPECIALS

### PORK EGG ROLLS

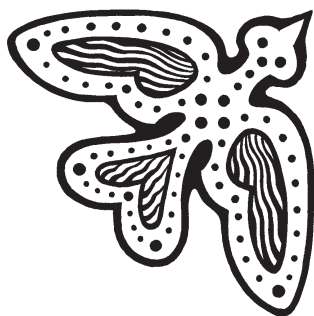
hoisin ketchup & hellishly hot mustard 14.75

### HOGSHEAD CRISPY CHICKEN SANDWICH

fried chicken, Hogshead honey mustard mayo, lettuce & pickle chips on a bun with your choice of fries or tots 21.50

### THE GREAT GUACAMOLE DEFENDER BURGER\*

Tillamook pepper jack, guacamole, ranchero-spiced tortilla strips, Dark Star mayo, lettuce, tomato & onion on a bun with your choice of fries or tots 23.50



## OUR HISTORY

McMenamins Six Arms is located in the heart of Capitol Hill in a structure built when the area was known as Seattle's Auto Row. The floor-to-ceiling windows originally allowed passersby to see the latest automotive technology displayed on the showroom floor. Many of the commercial spaces in Capitol Hill have been downsized as auto related businesses began moving out in the 1960s. Reflecting the neighborhood changes, this structure was home to an architect, a landscape artist, and a flower shop before it became Six Arms in 1995.

300 E. Pike St., Seattle, WA 98122

206.223.1698

## HAPPY HOUR

EVERY DAY 3PM-6PM &

SUN-THU 9-10PM, FRI-SAT 9-11PM

minimum drink purchase of 3.75 per person,  
no substitutions, additions or to go orders



## DRINK

1.50 OFF

McMenamins Beer pint

Edgefield Hard Cider pint

Edgefield Wines glass

### Well Drinks

Old Crow Bourbon • Joe Penney's Gin  
Spar Vodka • Spar Citrus Vodka  
Lunazul Blanco Tequila • Flor de Caña Rum  
Lauder's Scotch • High Council Brandy

2 OFF

### Featured Illustrated Cocktails

Edgefield Wine Flight *three samples*

Brewery Flight *six samples*

Cider Flight *three samples*

Distillery Flight *three samples*

5 OFF

Edgefield Wines bottle

## FOOD



Vera Cruz Tres Tacos 10.25

Cajun Tots 11

McMenamins Fries 11

Hail! Caesar Salad 12

### Smash Hit Burger à la carte

Most Awesome French Onion seasoned beef patties,  
American cheese, lettuce, pickles, secret sauce, bun 12

Cheeseburger Slider Trio 13

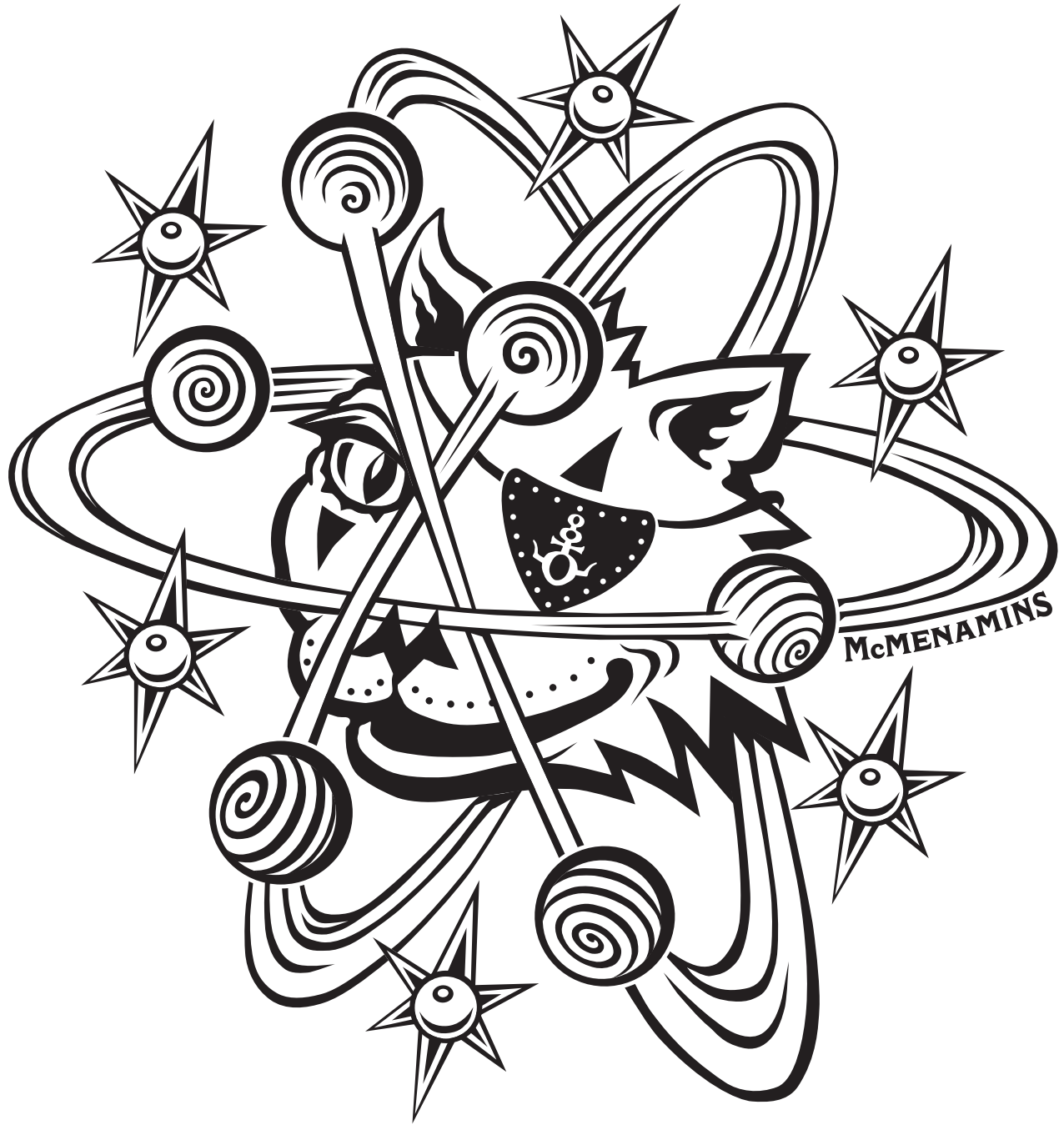
Hammerhead Garden Burger à la carte 14

Grateful Veg Mezza 15

## MONDAY IS INDUSTRY DAY!

show your current food handler's or liquor service permit  
for all day happy hour drinks

# SIX ARMS KID'S MENU



## FOOD

**Little Dipper Fish & Chips**  
fries & tartar sauce 12.75

**Lil' Dynamo**  
crispy chicken tenders, tots &  
ranch dressing 12.25

**Scooby Snack Attack**  
mini corn dogs & fries with ranch 11

**Freya's Garden**  
hummus, ranch, pita bread &  
veggie sticks 7.75 ⑦

**Wee Rabbit Salad**  
lettuce, cucumber, tomato, croutons,  
shredded cheddar cheese & ranch 7 ⑦

*Items below are  
served with veggie sticks,  
fries or tater tots*

**Pocket Hercules Burger**  
beef patty, Most Awesome French Onion  
seasoning, American cheese &  
Mystic 18 sauce on a Hawaiian roll  
solo 11.25 / duo 14.25

**Turkey Lurkey Slider**  
cold turkey with lettuce & mayo  
on a toasted bun  
solo 11.25 / duo 14.25

## BEVERAGES

**Soda Pop** 2.75

**Milk** 2.75

**Lemonade** 2.75

**Hot Chocolate** 3.25

**Roy Rogers** 3.25

**Shirley Temple** 3.25